

April 2025 Cohort Dates- Aspiring Leaders Programme

Module	Date	Time	Facilitator
Launch (3 Hours)	Thursday 24 th April 2025	9am-12 noon	Rachael Lewis and Lorraine Dunn
Module 1: The Health and Social Care Landscape and Project Management (2 ½ Hours)	Wednesday 30 th April 2025	9 am-11.30 am	Lorraine Dunn and Caroline Kirkham
Module 2- Change Management (2 Hours)	Wednesday 7 th May 2025	9am-11am	Lorraine Dunn
Forum 1 (2 Hours x 2 Forums)	Monday 12 th May 2025	1 st Forum 9am-11am 2 nd Forum 1pm-3pm	Lorraine Dunn
Module 3: Challenging performance (3 Hours)	Wednesday 21 st May 2025	9am-12 noon	Rachael Lewis
Module 4- Delegating Effectively (3 Hours)	Wednesday 28 th May 2025	9am-12 noon	Rachael Lewis
Forum 2 (2 Hours x 2 Forums)	Wednesday 4 th June 2025	1 st Forum 9am-11am 2 nd Forum 1pm-3pm	Lorraine Dunn
Module 5: Motivating Others (3 Hours)	Thursday 12 th June 2025	9am-12 noon	Rachael Lewis
Module 6: Resilience (3 Hours)	Wednesday 18 th June 2025	9am-12 noon	Lorraine Dunn
Forum 3 (2 Hours x 2 Forums)	Wednesday 25 th June 2025	1 st Forum 9am-11am 2 nd Forum 1pm-3pm	Lorraine Dunn
Graduation (4.5 Hours)	Thursday 3 rd July 2025	9am-1.30pm	Rachael Lewis Lorraine Dunn