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News

Pallaborative North West Time to Shine – Sue Oakes, Liverpool Heart and Chest Specialist

Palliative Care Team

The specialist palliative care team at Liverpool Heart and Chest Hospital were asked by the Director of Nursing to identify opportunities to develop advance care planning across the Trust. The team have designed a visual aide called TREATMENT. This prompts clinicians to have discussions about future care during the informed consent process. <u>Click here</u> to see an example of the TREATMENT tool. Read more <u>here</u>.

Pallaborative North West Time to Shine – Whiston

Sue Howarth, Clinical Nurse Specialist in Palliative Care writes:

" Over in Whiston we have a dedicated Clinical Nurse Specialist in Palliative Care working in ED Monday to Friday 9am-5pm funded from winter pressures money for 12 months. I started in post at the end of February 2022 and up to now have seen nearly 150 patients through the new service.

The aim is to assess, plan and treat patients with palliative care needs quickly in the ED. We are proud to be there at the front door to offer specialist advice and support to patients and carers. We have the ability to see patients early and turn patients around if possible. We are involved in decision making with other specialist teams and we feel it is working well. We have had great feedback so far from the department." Please feel free to contact Sue if you would like more information or to share ideas. You can do this through <u>chair@pallaborative.org.uk</u>. Read more <u>here</u>.

Hospice UK announces new Chief Executive – 29 June 2022

Toby Porter will start at Hospice UK in mid-September. Craig Duncan will continue as interim Chief Executive until Toby starts. Press release <u>here</u>.

Improvements to Benefit Eligibility at the End of Life - Special Rules changed 4 April 2022

The Special Rules provide people nearing the end of life with faster and easier access to some benefits. This change means that individuals can make a claim under the Special Rules to these benefits if they might have 12 months or less to live. Clinicians, such as a GP, hospital consultant, hospice doctor or specialist nurse, can be asked to provide medical evidence (a DS1500 or the **new** SR1 form) for benefit claims under the Special Rules process. To support people accessing these benefits and to find out more about the changes and **new** medical evidence form, <u>DWP have published this guidance</u>.

Education / Events

Greener Palliative Care - Palliative Care Sustainability Network

Why and how should pall care be more sustainable? Free interactive online seminar covering: climate change and health; NHS policy; examples of projects, and how to use existing skills for change. Information and booking <u>here</u>.

Healthcare Conferences UK -

Caldicott Principles & Information Sharing in End of Life Care

Tuesday 4th October 2022, Virtual Conference

For further information and to book, <u>click here</u>.

Pressure Ulcers at the End of Life

Thursday 13th October 2022, Hybrid CPD certified conference: In-Person or Virtual For further information and to book, <u>click here</u>.

• Improving End of Life Care for people with Cardiovascular Disease & Heart Failure Wednesday 9th November 2022, virtual conference For further information and to book, click here.

• Effective Non Medical Prescribing in End of Life Care

Virtual Conference Thursday 10th November 2022 For further information and to book, **click here**.

Searching the Literature workshop - Pallaborative North West

To help you find your way through the increasing volume of clinical literature and deliver care to your patients based on the best possible evidence available. For professionals working in Cheshire and Merseyside there is no charge. 14th September 2-4pm online event

Click here to see a provisional programme.

<u>Click here</u> to book your space via the Eventbrite site.

2022 End of Life Partnership Annual Conference - This conference will be looking at the recent report of the Lancet Commission: Bringing Death Back into Life

A representative from the Lancet Commission, Dr Libby Sallnow, will share their recommendations. Other speakers will include Karen Groves MBE, with others being announced very soon. Through a series of presentations with a choice of workshops our conference will consider the latest evidence and experiences to overcome barriers and challenges the sector is facing. Thursday 29th September, Forest Hills Hotel, Frodsham, Cheshire. £35 per delegate

For more information visit the EOLP Website

National NIHR cross-ARC Collaboration meetings - Anticipatory Prescribing and PPI

Wednesday September 21st. "Anticipatory Prescribing in Community End of Life Care: sharing practice developments and research". In-person in Cambridge

Contact: Prof Stephen Barclay, University of Cambridge <u>sigb2@medschl.cam.ac.uk</u> **Tuesday October 18th.** "Patient and Public Involvement in Palliative and End of Life Care research: sharing experience and a dragon's den. Remote via Zoom Contact: Dr Lisa Jane Brighton, Kings College London lisa.brighton@kcl.ac.uk Please indicate your interest in attending one or both of these events at https://tinyurl.com/2ru96t9h

Collaborative Working in Palliative Care: - Jain Rennie Virtual Conference 2022

Wednesday 19 October 2022, 9am-5pm. Including plenary speaker Sue Bottomley, Deputy Director for Palliative and End of Life Care, NHS England. <u>More information here</u>

Resources

Opioid Substitution Guideline - Pallaborative North West

An updated draft of the Opioid Substitution Guideline is now available.

Following feedback from members of the Pallaborative North West Steering Group and specialist palliative care colleagues across the North West, the draft guideline for the "Management of Opioid Substitution in Palliative Care" has been reviewed and updated. This guideline is based on the best evidence available and has been produced following a robust process. Once the external review is completed, the guideline will be fully NICE accredited. Colleagues are strongly advised to read the entire guideline. Access the updated draft guideline here.

Palliative and End of Life Care Resource Directory update - National End of Life Care Intelligence Network

The <u>Resource Directory</u> which covers 7 themes, has been updated this month. The intelligence and guidance support the data in the Palliative and End of Life Care (PEoLC) Profiles. It provides links to key resources on palliative and end of life care, selected to assist stakeholders in their interpretation of the data presented in the profiles. This compendium of resources can be used by service providers, commissioners, and policy makers in facilitating, scoping, and implementing their local responses to the findings presented in the profiles.

Research

New research on communication difficulties around assisted hydration - eHospice

New research from Dr Arjun Kingdon at the University of Cambridge's Primary Care Unit throws light on why assisted hydration for patients near the end of life is difficult for doctors to discuss with patients and families. <u>Read more here</u>.

Trans and Non-Binary Communities and End of Life Care Survey - Hospice UK

As part of their work on reducing inequity in access to high-quality end of life care, Hospice UK have been conducting a research project on better understanding and delivering on the experiences and wishes of trans and non-binary communities. As part of this project, together with GIRES and Stonewall, they have produced surveys to find out more about palliative and end of life care for trans communities. These surveys are now live and will remain open until 15 August.

This research consists of a <u>survey aimed at trans, gender diverse and intersex people</u>, and the people close to them, with experience of, or perspectives on, palliative and end of life care, death, dying and bereavement.

The <u>second survey</u> is aimed at professionals involved in end of life and post-death care. Information about the surveys can be found at the <u>Being Ready Project FAQs page</u>.

We are hoping that this research will tell us more about people's lived experience with end of life care, what hopes and concerns trans people have regarding their care, and how we can support those delivering care. If you have personal or professional perspectives to share, it would be fantastic if you could fill out a survey.

Continuity of care is associated with lower risk of multiple hospital admissions at the end of life -

British Journal of General Practice

This research explores associations between primary care contacts, continuity of primary care, identification of palliative care needs, and unplanned hospital admissions among people dying with dementia. <u>Read more</u>.

New Bereavement Research Report - Sue Ryder

This research has revealed gaps in bereavement support across the UK and demonstrates the need to improve awareness and access when it comes to bereavement support. *A better route through grief: support for people facing grief across the UK*

40% of All Unplanned Hospital Admissions for People Living with Dementia Happened in the Last Year of Life - The Carer UK

New research from King's College London found that people living with dementia experience higher levels of unplanned hospitals admissions towards the end of life after receiving their dementia diagnosis. Read more <u>here</u>.

End of Life Care Collection – NIHR research

Good end of life care is complex and brings together the best of health and care services. This Collection brings together recent NIHR research addressing three priority areas: reducing inequalities in access to care, the importance of conversations around end of life care, and support with medicines at home. <u>Read</u> <u>NIHR's new Collection on End of Life Care</u>.

Publications

Palliative and end of life care profiles - July 2022 data update

Office for Health Improvement and Disparities (OHID)

The profiles provide an overview of palliative and end of life care in England at various geographies, including information and commentary for 3 or more emergency admissions in the last 3 months of life. The place of death and care home factsheets have been updated. The <u>palliative and end of life care</u> <u>profiles</u> are presented in an interactive tool which aims to help local government and health services improve care at the end of life.

Guidance for health and social care professionals to empower parents with a life-limiting illness to talk to their children about their condition - published in Palliative Medicine

This research offers a rare insight into children's needs and preferences for pre-bereavement support and contains important recommendations for practice for professionals. Drawing on this research Marie Curie, in collaboration with the researchers from King's College London and Ulster University, created a <u>practical</u> <u>guide</u> which includes 10 tips for health and social care professionals to empower parents and carers to have conversations with their children about their life-limiting condition. Read the research <u>here</u>.

National Medical Examiner's Report - National Medical Examiner's report for 2021 This provides an update as well as links to some useful good practice guidelines. Read more at: https://www.england.nhs.uk/publication/national-medical-examiner-reports/

<u>Other</u>

Antibiotics towards the end of life - BMJ Supportive & Palliative Care article

Good practice recommendations based on published evidence and the experience of prescribers in Scotland. Antibiotic use towards the end of life

Hospices continue to play a vital role in providing quality end of life care - Hospice UK / The Nuffield Trust

This report shows the contribution of hospices to the nation's health and wellbeing throughout the pandemic. Hospice UK article and link to report *Support at the end of life: The role of hospice services across the UK* <u>here</u>.