

# Welcome!

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# <u>News</u>

# Specialist palliative care nurses urged to join new online community platform

## Palliative Discovery

A new online platform created by and for Clinical Nurse Specialists (CNSs) working in specialist palliative and end of life care has been launched to address the educational, wellbeing and career development needs of this critical workforce. <u>Specialist palliative care nurses urged to join new online community</u> platform created by and for them - ehospice

# **Education**

Pallaborative North West Clinical Programme Clinical Regional Audit and Guideline Development Programme 2022

PNW 2022 Programme - 20.1.22.docx - Google Docs

Recording of Neuro-oncology education event held in May now available online: <u>Click here to access the</u> recording

# **Events**

# **Global Research & Future Innovations in Best Care for the Dying Person**

## One day conference: University of Liverpool

Thursday 13th October 2022 Abstract deadline: 30th June 2022

This one day conference, available to both in person and virtual attendees, will include a series of presentations and workshops from world-leading clinicians and researchers, and an opportunity to submit abstracts for oral and poster presentation.

The programme will be of interest to consultants, trainees of all grades, specialist nurses and allied healthcare professionals with an interest in palliative and end of life care. You can view the full programme and registration information here: <a href="http://www.bestcareforthedying.org/conference">www.bestcareforthedying.org/conference</a>, and for any queries please contact Jo Davies on <a href="http://joanne.davies@liverpool.ac.uk">joanne.davies@liverpool.ac.uk</a>.

**The Future of Dying Virtual Conference** Following the success of the Lancet's Commission on the Value of Death, The Future of Dying virtual conference, will take place on 21 June organised by St Christopher's Hospice. This half day conference will continue to examine how this crucial piece of work can inform best practice around the world, creating a global network for change. <u>St Christopher's | The</u> Future of Dying: Creating a Network for Change - St Christopher's (stchristophers.org.uk)

# The McGill International Congress on Palliative Care October 18-21, 2022

Every other year physicians, researchers, nurses, psychologists, social workers, pharmacists, music therapists, art therapists, physical therapists, spiritual care workers, volunteers and many others gather from around the globe to learn from and with each other for the betterment of palliative care. <u>McGill</u> International Congress on Palliative Care | Palliative Care McGill - McGill University

# **Publications**

#### Updated guideline on the Use of Ketamine as an Analgesic in Palliative Care Now available in draft

This guideline needs to complete the external review process before becoming NICE accredited. Use of Ketamine as an Analgesic in Palliative Care

## New NICE accredited Clinical Guideline for Continuous Subcutaneous Infusions

## Best Practice Use of Continuous Subcutaneous Infusions in Palliative Care

The guideline is aimed at specialist palliative care professionals and generalists involved in providing palliative care. Pallaborative North West CSCI Clinical Guideline May 2022 FINAL.docx - Google Docs

# Newly released updated GMC guidance

## Treatment and Care Towards EoL: good practice in decision making

This guidance is addressed to doctors. However, it may also help patients and the public to understand what to expect of their doctors, in circumstances in which patients and those close to them may be particularly vulnerable and in need of support. Other members of the healthcare team may also benefit from it, given their crucial role in delivering end of life care.

Treatment and care towards the end of life - ethical guidance summary - GMC (gmc-uk.org)

# **Resources**

# New tool launched to help provide person-centred care for people living with HIV

**POSITIVE Outcomes** is the first tool specifically designed for use in clinical settings to focus on what matters to people living with HIV. Researchers from King's College London and the British HIV Association (BHIVA), with input from HIV community members of the UK Community Advisory Board (UK-CAB), have launched the tool to support people with HIV and help healthcare professionals understand where to focus their care.

New tool launched to help provide person-centred care for people living with HIV - ehospice

## **International Directories**

Free Resources from the International Association for Hospice and Palliative Care (IAHPC) Two international directories available free of charge to patients and families everywhere, and as a service to the global palliative care community. The first resource is an international directory of palliative care providers and organizations. The second is the IAHPC Global Directory of institutions providing Educational Programs in Palliative Care. Free Resources for the Global Palliative Care Community: The IAHPC International Directories - ehospice

# **Consultations**

# Pallaborative North West Guideline Development Group (GDG)

## Management of Renal Failure in Palliative Care

This group is now relaunching having been delayed because of the pandemic and is about to start meetings etc with a presentation date of January 2024. The GDG will be liaising with a new national group. Each group will be looking at different aspects of care with our focus being on *End of Life Care and Prescribing in Renal Failure*. It's a great opportunity to get involved, meet new colleagues, learn new skills and develop your knowledge. More information available here: <u>Great opportunity to get involved –</u> <u>Pallaborative North West</u>

# Parenteral NSAIDs in Palliative Care and Transdermal Opioids in Palliative Care

# Two opportunities to get involved in a Guideline Development Group (GDG)

Volunteers needed for 2023 Pallaborative North West Programme

This is an opportunity to meet fellow healthcare professionals, learn new skills or put existing ones to use, and play a leading role in producing NICE accredited clinical guidelines. If you are interested or want to know more please contact Pallaborative North West using: <a href="mailto:chair@pallaborative.org.uk">chair@pallaborative.org.uk</a>

# <u>Other</u>

# Public Health approach to Palliative Care - Launch of the Oxford Textbook of Public Health Palliative Care

Dr Julian Abel shares some thoughts about the blind spots of traditional models and the importance of adopting a public health approach. <u>The Four Palliative Care Blind Spots and How Public Health Palliative Care Helps - Dr Julian Abel - ehospice</u>

# Palliative and end of life care should not wait for a prediction of death – National Institute for Health and Care Research

In the UK, end of life care is typically put in place for people who are likely to die within the next 12 months. But predictions of the length of time remaining are difficult to make. New research suggests that these predictions are often less accurate than chance alone. The study pooled previous research into the accuracy of predictions of death, and the problems that arise when predictions are incorrect. The researchers also investigated the types of end of life services available through primary care and in the community. The study calls for palliative and end of life care services to be made available without waiting for a prediction of approaching death.

NIHR Evidence - Palliative and end of life care should not wait for a prediction of death - Informative and accessible health and care research

# Maximising quality of life at its end

#### New model of rehabilitation to enact truly holistic palliative rehabilitation

The model arises from a blend of reflection on practice at St Christopher's, research evidence and practical advice with an ambition to make rehabilitative efforts available to more people coming to the end of their life. The model has relevance in hospices and the many other contexts in which people will die. If you would like to know more about the model, it will be launched at St. Christopher's conference on July 1st 2022 – *Rehabilitation in Palliative Care: Contemporary Opportunities – Direction, influence and practice* Maximising quality of life at its end - ehospice

## University of Nottingham Care Home PhD research - Acute deterioration in care home

#### residents: recognising and responding to acutely unwell residents

Request for nursing/residential home participation

This research aims to understand how acute deterioration is recognised and responded to in residents.

Care home voices, experiences and perspectives are missing from the current evidence and the question of how acute deterioration is identified and managed is yet to be explored in-depth. We need to better understand acute deterioration from the perspectives of care home staff so that we can generate care home specific approaches to managing this condition in our residents. <u>RESPOND-Care Home (2)</u> (onlinesurveys.ac.uk)

# **New Partnership/survey:**

# Palliative Care Research Partnership North West Coast (PalCaRe NWC)

The partnership has three aims:

- to work with people providing all types of palliative care in this area to understand more about what helps and hinders research locally and to address any of these barriers
- to help develop research capacity and expertise across the local area
- to support people applying for large-scale NIHR grants.

# Palliative care research partnership launched - UCLan

As part of this work the partnership has launched a survey to understand more about local barriers. The survey is aimed at anyone working in palliative care across the North West Coast, including people in hospitals, community settings, nursing homes, hospices etc, as well as those involved in palliative care research: <u>PalCaRe-NWC (Palliative care Research-North West Coast) (qualtrics.com)</u>

# Research highlights the importance of conversations and need for equal access

# - National Institute for Health and Care Research

All four nations of the UK recognised the need to improve palliative and end of life care more than a decade ago. New processes and systems have helped, but much more progress is needed. Particular areas of concern are inequalities in access to palliative and end of life care, and variation in their quality. If care is to improve, collaboration is needed across health and social care, charities and voluntary organisations. To address the challenges, a range of organisations involved in palliative and end of life care have agreed on six ambitions for 2021-26. <u>NIHR Evidence - End of life care: research highlights the importance of conversations and need for equal access - Informative and accessible health and care research.</u>