



Supporting people to live well before dying with peace and dignity in the place of their choice

Network News

Wards recognised for delivering 'proactive and personalised' end of life care. Ward 9 at Morecambe Bay Hospital is one of three acute trusts nationally to receive the GSF Quality Hallmark Award in end of life care. They, and the other two Trusts, have been praised as front-runners in integrating the requirements set out in the NHS Long Term Plan ahead of time. Joy Wharton, Macmillan Lead Nurse for Palliative and End of Life Care at UHMB said: *"Ward 9 is our first ward to go through re-accreditation after being awarded the GSF quality mark three years ago. We also have two other wards in Morecambe Bay with GSF Accreditation - Ward 37 at the Royal Lancaster Infirmary, and the Acute Medical Unit at Furness General Hospital."*

"As a Specialist Palliative Care team, we find that the teams on the accredited wards work more systematically to address the end of life care needs of patients and families, and this results in high quality, proactive personalised care for palliative patients, whatever their diagnosis."



One of our People's Voice volunteers, Allan Grogan, has been recognised by [Liverpool Hope University and The Leaders Club](#) who award individuals who make a significant difference to the Liverpool City Region by demonstrating excellent leadership skills and/or promoting excellence in leadership in others. Allan was a winner in the 'Common Good' category for his outstanding work in setting up the charity [Dementia Together Wirral](#), which is important to many local people living with dementia and their carers. Through singing groups, cafes, walking groups and many other activities the charity provides carers with a much-needed break and the opportunity to keep updated with new support services and facilities.

Resources



Lancashire and South Cumbria EOL Educator Peer Group is a Community of Practice whose members include anyone involved in education in End of Life Care.

- ✓ The community of practice is about sharing learning and support
- ✓ The group meets bi-monthly for two hours
- ✓ Members share good practice and validate their most useful material
- ✓ Members can learn from their peers and ask for help
- ✓ Members can network to improve communication and support

The next meeting is **20th June 2019 at 2-4 pm at Trinity Hospice, Blackpool**. Please contact Stephanie.hodgson3@nhs.net for more information (flyer¹).

Dying Matters Week

Following another successful Dying Matters week news from around the region can be found in the attached flyer².

Related to Dying Matters, Macmillan Cancer Support says [Talking about death](#) can be life-changing for those you leave behind. Research by Macmillan Cancer Support and YouGov shows 3 in 5 (62%) people in the UK have not spoken with their family or friends about their wishes in relation to their death. Almost 1 in 4 (23%) people who had been recently bereaved did not know all their family or friends' wishes and experienced one or more emotional, financial or practical issues as a result. The charity has released new resources for people to help them plan for death, including a [questionnaire](#) to find out how ready they are to talk about it, a guide for [starting the conversation](#) and a [planning checklist](#).



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Education

Initiating Difficult Conversations: Top Tips on When & How - 13:00 – 16:30, Thursday, 6th June 2019, Hospice of Good Shepherd (free lunch from 13:00)

This workshop, fully funded by Macmillan and available for West Cheshire GP's, will provide opportunity to share conversations that feel challenging in Practice.

- 'how best to' initiate opportunities to discuss difficult topics (including raising the resuscitation question)
- managing unrealistic expectations
- dealing with emotional fall out

Apply at <http://eolp.co.uk/education-and-training/study-daysevents/>

MDSC 160 in Palliative Medicine: Palliative Medicine Training for Specialty Registrars & GP Registrars (flyer³)

Introduction Day – 20 September 2019

ACST – 24/25 October 2019

Exit Day – 24 January 2020

Enquires to Karen.Ross2@liverpool.ac.uk or jmhow@liverpool.ac.uk

End of Life Care Education for NWS Paramedics, Ambulance Practitioners and Call Advisors

One Day/Half Day Course (flyer⁴) - Please click here to book <http://eolp.co.uk/book-now-paramedic/>

Publications

[Advance Care Planning: A quick guide for registered managers of care homes and home care services](#) (flyer⁵). Recently published by NICE and available to download for free.

Professor Sarah Galvani, Professor of Social Research and Substance Use, Department of Sociology at [Manchester Metropolitan University](#) has shared the finished good practice guidance and policy documents following a recent research and policy consultation project. Including Good Practice Guide: Supporting people with substance problems at the end of life (flyer⁶) and Policy Standards: Palliative and End of Life Care for People with Alcohol and Drug Problems (flyer⁷).

Conferences

[Joint Cumbrian Hospices](#) Conference - Breathe More Easily: How to Manage Breathlessness in Palliative Care. To be held at The Stoneybeck Inn, Bowscar, Penrith, Cumbria, CA11 8RP on Friday, 4th October 2019. Delivered by experienced professionals, this conference will enhance your knowledge and understanding of breathlessness, its impact and its management (flyer⁸).

If you have a story, conference, education and training, event or any other news to share please send details to Kathryn.Davies16@nhs.net

We hope that you have found our Network newsletter useful. If you wish to opt out of receiving future newsletters please email: kathryn.davies16@nhs.net and ask to be removed from the distribution list.