



Supporting people to live well before dying with peace and dignity in the place of their choice

Network News

Following the publication in January of the [NHS Long Term Plan](#), when we were delighted to see End of Life Care mentioned in several areas, most notably Paragraph 1.42, our Network work programme for 2019 – 2020 aligning to the national objectives for End of Life Care is being finalised.

Our [website](#) has been updated and now includes information on current projects with new content detailing our work on early identification to be added shortly.

[East Lancashire Hospitals NHS Trust's](#) (ELHT) community end of life care provision has been rated "outstanding" by the Care Quality Commission (CQC), the highest possible rating from the independent inspectors.

Resources

The RCGP and Marie Curie partnership have now launched the [Daffodil Standards](#), which GPs and practice staff can access for free to build on their good practice. GP surgeries will be able to display a 'daffodil mark' as a sign of commitment to improving end of life care. To follow activity on social media use the hashtag [#DaffodilStandards](#)

Update to the End of life care profiles: The care home domain of the [End of life care profiles](#) was updated in February. Care home bed rate and nursing home bed rate have been updated to include 2018 data for England, Government Office Region, STP, CCG, County, Unitary Authority, District and SCN geographical areas. A [commentary](#) is also available.

Dying Matters Week – 13th – 19th May 2019

For our Dying Matters special edition of [The Loop](#) in April please send details of any events to: Kathryn.davies16@nhs.net

Dying Matter Awareness Week 2019 will ask the question 'Are We Ready?' Equipping people to have this conversation is the aim of The Academy of Medical Sciences' most ambitious engagement project to date, ['The Departure Lounge'](#).

Publications

[Advance Care Planning in General Practice: does policy match reality?](#) Compassion in Dying October 2018 publication showing findings from freedom of information requests from Clinical Commissioning Groups.

[Factors associated with older people's emergency department attendance towards the end of life: a systematic review](#). The European Journal of Public Health has published a systematic review of the factors associated with older people's emergency department attendance as they move towards the end of life. The review quantitatively examines factors associated with ED attendance for people aged 65 years or over within the last year of life. It assesses the study quality to determine evidence strength based on quality, quantity and consistency. The quantitative findings are then narratively synthesized.

[Are we still performing inappropriate cardiopulmonary resuscitations at the end of life?](#) The British Medical Journal (BMJ Supportive & Palliative Care) have published the abstract of "Phase One" of a research study into the number of patients who received cardiopulmonary resuscitation (CPR) whilst being eligible for inclusion on an EoLC register, led by Sally Armond.

New research, [A Better Grief](#), reveals that, as a nation, we have a big issue talking about death with half of us saying we would fear saying the wrong thing to someone recently bereaved. Sue Ryder launched a new research report which shines a spotlight on the UK's experiences with death and bereavement. The report is based on an extensive poll of 2,189 UK adults, as well as an examination of the last ten years of bereavement research in the UK.



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Education

St Mary's Hospice, Ulverston is delivering a 2-day Advance Communication Skills Training course, which is based on the Connected for Health course. It is open to any Health, Social Care professionals and Doctors who are regularly involved in complex or difficult conversations with patients, families or colleagues. The training provides a structured evidence based approach to communication skills. It allows participants to refresh and review their current experience of communication issues through scenario based role play, reflective practice discussions and group experiential learning techniques. Each participant will be given an opportunity to use models and techniques, to build confidence and further develop their communication skills enabling them to deal more effectively with challenging/difficult conversations. This course will be particularly useful for senior staff and managers who are involved in significant conversations for example, around the complexities of care, breaking bad news or decision making. Please see **attached flyer** for more information and how to book.

[End of Life Care: Legal Issues Masterclass](#): Friday, 10th May 2019; De Vere West One Conference Centre, London.

[Care of Dying Adults in The Last Days of Life](#): Monday, 29th April 2019; Novotel Conference Centre, York.

[Clinically Assisted Nutrition and Hydration Supporting Decision Making: Ensuring Best Practice](#): Friday, 10th May 2019; De Vere West One Conference Centre, London.

[Reducing & Managing Pressure Ulcers at the End of Life: Third National Conference](#): Friday, 10th May 2019; De Vere West One Conference Centre, London.

Surveys/Consultations/Events

20th May 2019; 11 am – 4 pm: Dementia Services Showcase at the Floral Pavilion Theatre, New Brighton, supported by services, suppliers and organisations associated with dementia and care on the Wirral.



[Dementia Together Wirral](#) (DTW) will have an information table showcasing the support services they offer in their community.

23rd June: The Wirral Coastal Walk takes place and enrolment forms can be obtained by ringing 0151 353 9700 Monday to Friday between 9.30am and 4.30pm; fee is £5.00 each person. Although a long way off, the date for DTW Memory Walk is set for Sunday, 29th September and is likely to be held in Birkenhead Park. Further information will be released when confirmation received.

Dementia Awareness Week 15th to 21st May 2019

Dementia Action Week 20th to 26th May 2019

World Alzheimer's Day 21st September 2019

We hope that you have found our Network newsletter useful. If you wish to opt out of receiving future newsletters please email: kathryn.davies16@nhs.net and ask to be removed from the distribution list.