**Activity sheet 3: benefits/ risks/ burdens**

**Activity**

Read the situation below regarding Peter and consider what are the benefit/s, risk/s and burden/s of the options available. Write your ideas and thoughts in the boxes below.

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| **The situation** | **Peter has had a TIA 5 years ago and takes atorvastatin 20mg****He is having some swallowing problems associated with his dementia****He starts to hold his tablets in his mouth and sometimes spits them out****Thinking about his statin what are our options?** **Should we stop it?****OPTIONS****Keep trying to give it, stop it, change formulation, give covertly****How will you decide, who can help?** |
| **C:\Users\lynne.partington\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\ADA93531.tmp****Benefit/s** | After 5 years of daily statin therapy study subjects achieved a 1.2% lower chance of death, a 2.6% lower chance of heart attack, and a 0.8% lower chance of stroke.How many people need to take a statin every year to prevent one death/stroke or heart attack? 20 which means 19 people take it without any benefitHow many people need to take a statin for year to prevent 1 stroke?70 which means 69 people take it without any benefit |
| **C:\Users\lynne.partington\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\70DAA23C.tmp****Risk/s** | 2% per year risk of developing diabetes2% per year risk of myopathyRisk of serious choking if he takes tabletCovert medication: crushing: unlicensedNot taking: could Peter be the 1/20 person who would doesn’t have a stroke or heart attack or die in the next year |
| Stress Icons - Download Free Vector Icons | Noun Project**Burden/s** | What was Peter’s attitude to medicines in general? (he hated taking them)Is it unpleasant? The grittiness of crushed tablet is unpleasantHe can’t have grapefruit juice which he used to love  |



**What would your decision be?**

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