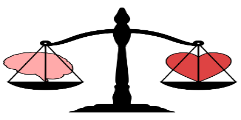
**Activity sheet 3: benefits/ risks/ burdens**

**Activity**

Read the situation below regarding Peter and consider what are the benefit/s, risk/s and burden/s of the options available. Write your ideas and thoughts in the boxes below.

|  |  |
| --- | --- |
| **The situation** | **Peter has had a TIA 5 years ago and takes atorvastatin 20mg**  **He is having some swallowing problems associated with his dementia**  **He starts to hold his tablets in his mouth and sometimes spits them out**  **Thinking about his statin what are our options?**  **Should we stop it?**  **OPTIONS**  **Keep trying to give it, stop it, change formulation, give covertly**  **How will you decide, who can help?** |
| **C:\Users\lynne.partington\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\ADA93531.tmp**  **Benefit/s** | After 5 years of daily statin therapy study subjects achieved a 1.2% lower chance of death, a 2.6% lower chance of heart attack, and a 0.8% lower chance of stroke.  How many people need to take a statin every year to prevent one death/stroke or heart attack?  20 which means 19 people take it without any benefit  How many people need to take a statin for year to prevent 1 stroke?  70 which means 69 people take it without any benefit |
| **C:\Users\lynne.partington\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\70DAA23C.tmp**  **Risk/s** | 2% per year risk of developing diabetes  2% per year risk of myopathy  Risk of serious choking if he takes tablet  Covert medication: crushing: unlicensed  Not taking: could Peter be the 1/20 person who would doesn’t have a stroke or heart attack or die in the next year |
| Stress Icons - Download Free Vector Icons | Noun Project  **Burden/s** | What was Peter’s attitude to medicines in general? (he hated taking them)  Is it unpleasant? The grittiness of crushed tablet is unpleasant  He can’t have grapefruit juice which he used to love |



**What would your decision be?**

|  |
| --- |
|  |