**Activity sheet 2b - Carers checklist**

**Activity**

You will have seen the Age UK carer’s checklist: now complete a similar checklist for a carer who is facing end of life with their family member/loved one. What do you think would be important at this time?

**Their wellbeing**

⏵

⏵

⏵

⏵

**Their money**

⏵

⏵

⏵

⏵

**Their work**

⏵

⏵

⏵

⏵

**About the person they care for**

⏵

⏵

⏵

⏵

Where could you direct people to for further support?