

**Reflection activity ST2.1**

**Holistic assessment**

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| **Activity:**  Read the support sheet ‘Holistic Assessment’ that can be found in downloads in Step 2.  What does this mean to you and your practice and how you care for residents while assessing and meeting needs in a holistic manner? Give some examples of what you have done to provide holistic care for your residents (although do not name or identify them on this activity sheet). |
| Your reflection: |