**Betty - An interactive discussion of future wishes (ACP) - A set of eight videos**

**The situation**

**Resident ‘Betty’** Betty is a retired teacher in her late 70s. She had a stroke with a left sided weakness 8 months ago and hasn’t affected her speech. She also has COPD (breathless at times) and is getting repeated chest infections which are getting worse and responding less well to antibiotics. Has been in the care home for 6 months.

**Nurse ‘Mandy’** Mandy is one of the senior nurses who has known Betty since admission. Routine discussions (funeral plans) took place on admission but now Mandy wants to find out Betty’s understanding and whether she wants to have hospital admissions and where she wants to die.

**Daughter ‘Louise’** Louise is Betty’s only daughter and is close to her Mum. She tried to care for Betty at home after her stroke, but couldn’t manage and reluctantly agreed to the care home admission.

**You can click on the YouTube links below, and go to the video, if that doesn’t work, cut and paste it into your browser**

**Videos 1, 2 and 3 -** **A conversation between Betty and Mandy**

1. Betty and Mandy are having a conversation about end of life wishes.

a. **Opening the conversation – finding the ‘way in’**. Betty will first change the subject and Mandy will go along with this so the conversation never happens. <https://youtu.be/1JESXBmtTgQ>

b. **Continuing to find the ‘way in’.** Mandy will try alternate approaches, such as asking Betty if she has ever thought of what might happen. Betty although reticent, will respond to this.

<https://youtu.be/vJRFn18SCbg>

c. **Eliciting concerns**. Betty talks about the burden of hospital admissions and that she really doesn’t want to be in and out of hospital during the end of her life. Betty expresses concerns about telling her daughter though. <https://youtu.be/xaO6Aa-LyxA>

**Videos 4 and 5 - Following up with a conversation between Betty, Louise and Mandy**

2. Betty, Louise and Mandy are discussing the differences between what they want regarding end of life care preferences.

a. **Opening the conversation.** Mandy facilitates a discussion between Betty and Louise, so Betty can tell Louise that she doesn’t want to be admitted for antibiotics when she gets to the final stages of life. It ends with Louise refusing to ‘allow’ this to happen. <https://youtu.be/hlQmbAHvS2E>

b. **Exploring concerns.** Betty is upset that her daughter isn’t listening to what she wants. Louise is upset that her Mum is giving up. Mandy allows both women to put their points forward and form a level of acceptance/agreement. <https://youtu.be/LDlF-kN5Eb0>

**Videos 6, 7 and 8 - How does it feel?**

**At the end,** Betty, Louse and Mandy will be asked how they felt about the conversation

Interview with Betty <https://youtu.be/rHCxjQLXhrw>

Interview with Louise <https://youtu.be/mFThvg5eJZw>

Interview with Mandy <https://youtu.be/eglqpJorH6E>