

Notes



Six Steps to Learning Log for care home staff



Name
Care Home
Date Programme started
Name of Facilitator
Facilitator work place
Facilitator contact details

INTRODUCTION

The Learning Log is divided into six sections, with each one linked to the corresponding step.

Key Learning Outcome	How achieved, e.g., 'attended session', 'self learning', 'study day'	Date achieved	Facilitator's/ Managers
Identify how to undertake end of life discussions relevant to role	Attended session taught by facilitator	20/10/21	<i>J Brown</i>
	Completed e-elca online module	24/11/21	<i>E Davies</i>

Notes

[illegible]

Notes

KNOWLEDGE, SKILLS AND CONFIDENCE SELF ASSESSMENT

The Six Steps Programme has a self assessment tool to help you identify areas of learning. Your facilitator will provide this do you. The space below is for you to transfer the results so you can keep a record for yourself. You may want to consider your areas of strength and those that may need development.

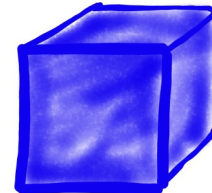
Question	Pre- programme			Post- programme		
	Know	Skills	Confid	Know	Skills	Confid
Identifying residents in last year of life						
Holistic assessment						
Communication skills						
End of life care discussions						
Advance Care Planning						
Mental Capacity Act						
Working within multi-disciplinary team						
Significant Event Analysis						
Recognising dying						
Care of the dying person						
Care Plan for End of Life						
Reducing inappropriate hospital admissions						
Meeting spiritual needs						
Dignity						
Bereavement support						



STEP 1 - Discussions as the end of life approaches

Key learning outcomes	How achieved, e.g., 'attended session', 'self learning', 'study day'	Date achieved	Facilitators/ Managers signature
Understand what is Palliative/End of Life Care and what is Advance Care Planning (ACP)			
Demonstrate an understanding of a Supportive Care Record (SCR)			
Recognise the different stages of end of life, and why the '(double) surprise' question is used			
Identify how to undertake ACP discussions as relevant to role			
Optional learning outcomes (You may also wish to add your own)	How achieved, e.g., 'attended session', 'self learning', 'study day'	Date achieved	Facilitators/ Managers signature
Appreciate the complexity of identifying residents at the end of life			

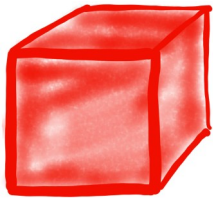
Reflections



STEP 6 - Care after death

Key learning outcomes	How achieved, e.g., 'attended session', 'self learning', 'study day'	Date achieved	Facilitators/ Managers signature
Know how to care for a deceased resident			
Know how to respect individual faiths and beliefs			
Know how to support families, significant others, staff and other residents in bereavement			
Be able to verify expected death (Registered Nurses only)			
Optional learning outcomes (You may also wish to add your own)	How achieved, e.g., 'attended session', 'self learning', 'study day'	Date achieved	Facilitators/ Managers signature

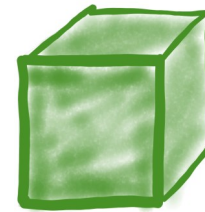
Reflections



STEP 5 - Care in the last days of life

Key learning outcomes	How achieved, e.g., 'attended session', 'self learning', 'study day'	Date achieved	Facilitators/ Managers signature
Be able to recognise what happens when a resident enters dying phase			
Know how to care for a resident in their final days of life			
Know how to support significant others when a resident is dying			
Optional learning outcomes (You may also wish to add your own)	How achieved, e.g., 'attended session', 'self learning', 'study day'	Date achieved	Facilitators/ Managers signature
Be competent using a syringe pump (Registered Nurses only)			
Be able to care for a resident with a syringe pump (Support staff)			

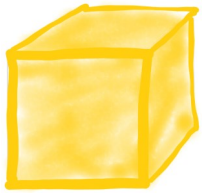
Reflections



STEP 2 - Assessment, care planning and review

Key learning outcomes	How achieved, e.g., 'attended session', 'self learning', 'study day'	Date achieved	Facilitators/ Managers signature
Recognise the different holistic assessments in use at end of life			
Understand what an Advance Care Plan is, and how to support a residents wishes			
Understand implications of Mental Capacity Act, Best Interests Decision and Lasting Power of Attorney			
Optional learning outcomes (You may also wish to add your own)	How achieved, e.g., 'attended session', 'self learning', 'study day'	Date achieved	Facilitators/ Managers signature
Gain additional knowledge of Advance Care Planning			

Reflections



STEP 3 - Coordination of care

Key learning outcomes	How achieved, e.g., 'attended session', 'self learning', 'study day'	Date achieved	Facilitators/ Managers signature
A knowledge of other roles within wider multi-professional teams			
Be able to deal with challenging communication issues			
Know who your end of life champion is and how to support them			
Be able to carry out a reflection on a significant event			

Optional learning outcomes (You may also wish to add your own)	How achieved, e.g., 'attended session', 'self learning', 'study day'	Date achieved	Facilitators/ Managers signature

Reflections



STEP 4 - Delivery of high quality care in care homes

Key learning outcomes	How achieved, e.g., 'attended session', 'self learning', 'study day'	Date achieved	Facilitators/ Managers signature
Understand the impact of the environment at end of life			
Understand how spirituality is relevant in end of life care			
Recognise any specific needs that a person with dementia may have at the end of life			
Know how to support a resident's needs with dignity and compassion			
Optional learning outcomes (You may also wish to add your own)	How achieved, e.g., 'attended session', 'self learning', 'study day'	Date achieved	Facilitators/ Managers signature
Further knowledge of needs of a resident with dementia			
Be able to identify and meet the spiritual needs of residents			

Reflections