CHANGING KNOWLEDGE, ATTITUDE AND BEHAVIOUR TOWARDS LIFE, AGE, DEATH AND LOSS

FIVE KEY STEPS...

TALK TO LOVED ONES
Our plans and wishes are more likely to be carried out if we talk with people close to us.

WILLS & FINANCIAL PLANNING
Writing a will and sorting out your financial affairs can bring peace of mind.

PLAN FUTURE CARE
Many of us may eventually need to be cared for and at some point we may be unable to make decisions for ourselves.

FUNERAL PLANNING
Being clear about our preferences means that when we die, those people close to us know what type of funeral we want.

ORGAN DONATION
Have you thought about helping someone after your death by registering as an organ donor?

...TAKING THESE FIVE STEPS WHEN WE ARE HEALTHY MEANS THAT WE ARE PREPARED IF THE UNEXPECTED HAPPENS.

FIND OUT MORE:
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